

2023 Junior Program			
Date	Clinic	Date	9 Hole Comp
10th Feb	On - 3:45pm	12th Feb	On - 11:45am
17th Feb	On - 3:45pm	19th Feb	On - 11:45am
24th Feb	On - 3:45pm	25th Feb	On - 11:45am
3rd Mar	On - 3:45pm	5th Mar	On - 11:45am
10th Mar	On - 3:45pm	12th Mar	On - 11:45am
17th Mar	On - 3:45pm	19th Mar	Rotary Day
24th Mar	On - 3:45pm	26th Mar	On - 11:45am
31st Mar	On - 3:45pm	2nd Apr	On - 11:45am
7th Apr	Good Friday	9th Apr	Easter Sunday
14th Apr	School Holiday	16th Apr	On - 11:45am
21st Apr	School Holiday	23rd Apr	On - 11:45am
28th Apr	On - 3:45pm	30th Apr	Taverners Day
5th May	On - 3:45pm	7th May	On - 11:45am
12th May	On - 3:45pm	14th May	Mother's Day
19th May	On - 3:45pm	21st May	On - 11:45am
26th May	On - 3:45pm	28th May	On - 11:45am
2nd June	On - 3:45pm	4th June	On - 11:45am
9th June	On - 3:45pm	11th June	On - 11:45am
16th June	On - 3:45pm	18th June	On - 11:45am
23rd June	On - 3:45pm	25th June	On - 11:45am
30th June	On - 3:45pm	2nd July	On - 11:45am
7th July	School Holiday	9th July	On - 11:45am
14th July	School Holiday	16th July	On - 11:45am
21st July	On - 3:45pm	23rd July	On - 11:45am
28th July	On - 3:45pm	30th July	On - 11:45am
4th Aug	On - 3:45pm	6th Aug	On - 11:45am
11th Aug	On - 3:45pm	13th Aug	On - 11:45am
18th Aug	On - 3:45pm	20th Aug	On - 11:45am
25th Aug	On - 3:45pm	27th Aug	On - 11:45am
1st Sept	On - 3:45pm	3rd Sept	Fathers Day
8th Sept	On - 3:45pm	10th Sept	On - 11:45am
15th Sept	On - 3:45pm	17th Sept	On - 11:45am
22nd Sept	On - 3:45pm	24th Sept	On - 11:45am
29th Sept	School Holiday	1st Oct	On - 11:45am
6th Oct	School Holiday	8th Oct	On - 11:45am
13th Oct	On - 3:45pm	15th Oct	Club Championships
20th Oct	On - 3:45pm	22nd Oct	On - 11:45am
27th Oct	On - 3:45pm	29th Oct	On - 11:45am
3rd Nov	On - 3:45pm	5th Nov	Swansea Ladies
10th Nov	On - 3:45pm	12th Nov	On - 11:45am
17th Nov	On - 3:45pm	19th Nov	On - 11:45am
24th Nov	On - 3:45pm	26th Nov	On - 11:45am
1st Dec	On - 3:45pm	3rd Dec	On - 11:45am
8th Dec	On - 3:45pm	10th Dec	On - 11:45am



**For all your golfing needs  
from tuition to equipment  
see the team at the  
Maitland On Course  
Golf Factory >**

**OPEN 7 DAYS**

East's Leisure & Golf  
2 Tenambit Street  
EAST MAITLAND 2323

Professional Shop: (02) 4933 4141  
Club House: (02) 4933 7512  
email: proshop@embc.com.au

**CANCELLATIONS &  
SCHEDULES**

Cancellations due to inclement weather for all sessions are made 30 minutes prior to start time.

Please note that schedules can be subject to change through the year.

If conditions look doubtful please call the Golf Factory on 4933 4141 or check our facebook page > "East's Leisure & Golf Junior Development Program"



**EAST MAITLAND  
SINCE 1899**

**2023 Junior  
Development  
Program**



**East's Leisure & Golf  
Junior Development Program**

# East's Junior Development

The Easts Junior Development Program is a structured system that encourages Junior golfers of all levels and ages. The Program runs on most Fridays of the year and also encompasses School Holiday Clinics depending on demand.

Parental supervision at any level is not necessary however is encouraged for Juniors of any age until they become comfortable with their surroundings.

The East's Junior Development Program is a service to golf provided by the East's Group and the Maitland On Course Golf Factory. When thinking of your golf equipment needs please support the Shop that operates the Program.

The Program is operated by PGA Professionals, Neil Dorsett, Vikki Wrigley, Hayden Gulliver and Michael Holden. Progression through the Junior Program is as follows.

## Introduction to Golf

A Junior Golf Clinic that caters for Introduction to Advanced players, is conducted on most Fridays from 3:45pm to 4:45pm.

The Introduction Clinic as the name suggest introduces young golfers to the game and covers the basics of the full swing, short game and the etiquette of golf. It also encompasses experience on the golf course providing a pathway to Membership and Competition golf.

The Clinic is just \$5 and is open to any junior aged 5 to 18 years old. All equipment, if required, is supplied courtesy of the Maitland On Course Golf Factory.

New Junior golfers can receive an Introductory pack including a club, glove and cap for only \$59. The pack is subsidized by the East's Group and is part of it's dedication to the promotion of golf in the region.

## 9 Hole Competitions

Once a certain stage has been attained at the Introduction Level Juniors then progress to a 9 Hole Competition.

The 9 Hole Competition is played on Sundays and commences as per the schedule set out on the next page. Players need to book in 15 minutes before the scheduled start time to be included in the draw.

The cost of the 9 Hole Competition is only \$10 for a Junior Member or \$16 for Visitors.

Once a handicap of 18 has been achieved in the 9 Hole Competition Junior players may graduate to Club Competition's.

## Club Membership

Juniors don't have to be Members of East's to participate in the junior Development Program at any of its stages. However once Juniors reach the 9 Hole Competition section of the program it is advisable to join the Club.

Junior Membership is only \$60 which can include a Golf Australia handicap once a certain skill level is attained.

The Junior Membership category is Pro Rata and runs over the financial year. Juniors Members are then able to play Social golf for only \$1 and just \$12 for 18 hole competition golf.

## MyGolf

MyGolf is Golf Australia's national Junior introductory program to develop and promote participation in golf.

East's and the Maitland On Course Golf Factory are affiliated with the program and parents can either register on line or through the Professional Shop.

## Equipment Needs

Golf clubs and the correct specifications that they need to be is often a confusing issue, especially for young golfers who seem to be growing everyday.

There are a few considerations when fitting golf clubs, but once these are overcome it is pretty easy to get the clubs that are right for you.

A scale used by qualified Golf Professionals that measures a golfers fingertip to the ground determines the length of golf clubs required by a player. When a golfer is addressing the ball correctly and once clubs have been fitted there is never a problem as to the length of a club.

Shaft flex can be broken down into to Junior, Ladies, A Flex, Regular, Stiff and Extra Stiff. One of these flexes suits everybody depending on the speed of their swing. The kick point of the shaft then helps determine the height that a shot will fly.

Grip thickness is a big variable, but is easily adjusted by qualified Golf Professionals. The thickness required changes from person to person depending on a scale of finger length to palm size. Everybody is slightly different.

At the Maitland On Course Golf Factory we are well placed to correctly outfit young golfers with high quality golf equipment at the best prices.

For a more in depth explanation of club fitting and the components used in modern clubs drop into the Golf Factory and talk to any of the friendly staff.